

Preparing for the Silver Tsunami

TRANSPORTATION SOLUTIONS FOR SENIORS

About Senior Resource Association

- Located in Indian River County since 1974
- 501(c)3 non-profit governed by a Board of Directors
- Provides Senior Services
 - Meals on Wheels
 - Adult Daycare
 - In-Home Services
 - Guardianship
 - Transportation

Senior Resource Association Transportation

- Community Transportation Coordinator (CTC) for Indian River County and Martin County:
 - Providing Transportation since 1976
- Operates the fare-free fixed route system in Indian River (GoLine)
 - Provided 1.35 million trips in FY 23/24
- Demand Response Programs for the elderly and disabled
 - 46,000 trips in FY 23/24: Indian River County
 - 28,000 trips in FY 23/24: Martin County



Quiz Break #1



How did you get
here today?

Transportation for Seniors

- Efficient transportation options are vital as our population grows and ages
- Transportation should never be a barrier to someone's quality of life

What We've Learned About Seniors

- Isolation is a huge factor in senior health
- Researchers conducting studies on social isolation found loneliness in seniors to have as many profound health consequences as smoking 15 cigarettes a day



Transportation Barriers

Mobility Issues

- Age-related physical and cognitive changes affecting driving abilities

Limited Accessibility

- Many need to rely on family/friends

Affordability

- High costs of vehicle ownership and public transportation services

Inadequate Infrastructure-Especially in Rural Areas

- Poor signage, street lighting, crosswalk times, uneven surfaces

Transit Adaptations: Multi-Modal Systems

- Public transit involves multiple modes as well
 - Pedestrian
 - Bikes
 - Buses
 - Light Rail
 - Rail
 - Ferries
 - Transportation Networking Companies

Safety

- GPS location of all transit vehicles
- Live audio/visual camera feed from all transit vehicles into transit facility and the Sheriff's Real Time Crime Center



Transit Adaptations: Bus Stop Amenities

- Bus shelters/simmmee seats
- Solar lighting
- QR codes at all bus stops provide real time bus tracking



Transit Adaptations: Demand Response

- Curb to Curb vs. Door-to-Door vs. Door-through-door
- Using TNCs to fill the gaps
 - First Mile/Last Mile
- Microtransit
 - Used where there are transit deserts and underperforming fixed routes



Quiz Break #2



How many licensed drivers does Florida have who are age 80+?

- a) 803,252
- b) 906,949
- c) 598,672
- d) 710,405



Quiz Break #3



In the state of Florida, all drivers must renew their driver's licenses every eight years.

True/False

Driver's License

- A Florida driver's license must be renewed:
 - Every eight years for drivers 79 years and younger
 - Every six years for drivers 80 years and older
- Drivers who are 80+ and are not eligible to renew their driver's license online are only required to pass a vision test:
 - At a driver's license service center, or by their medical doctor



Louise MIL

Senior Resource Association



Mobility Resources

Find a Ride Florida

- Online listing of transportation service providers

AARP Driver Safety

- Online refresher courses to improve driving skills

Safe Mobility for Life Program

- FDOT initiative to improve safety and mobility for aging road users

Find a Ride Florida

 Low Vision Users

Standard

Black/White

White/Black

Yellow/Blue

Fill out the information below to find your transportation options in Florida

If you are a family member or caregiver, please complete the form on the rider's behalf.

Getting Started



Frequently Asked Questions



Traveling from: ?

Starting location

Traveling to: (optional) ?

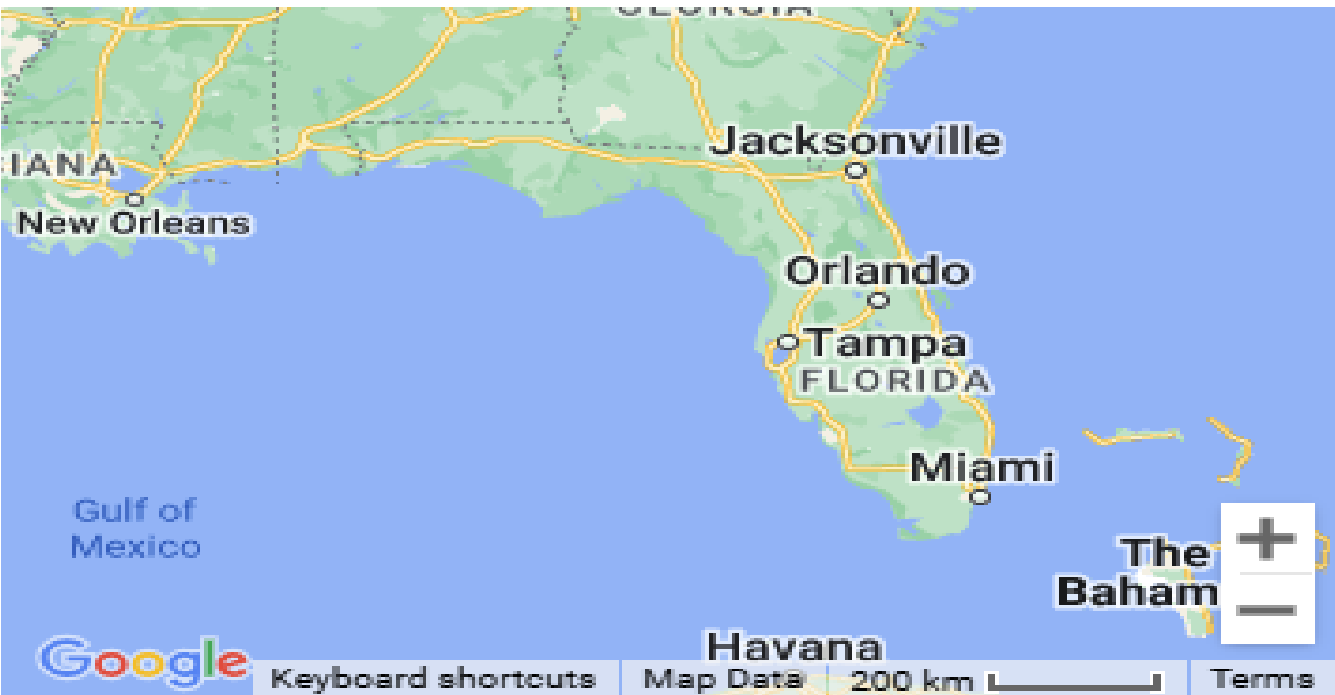
Destination

What is the purpose of the trip?

☐ Education ☐ Work ☐ Medical ☐ Other ?

Do any of the following apply?

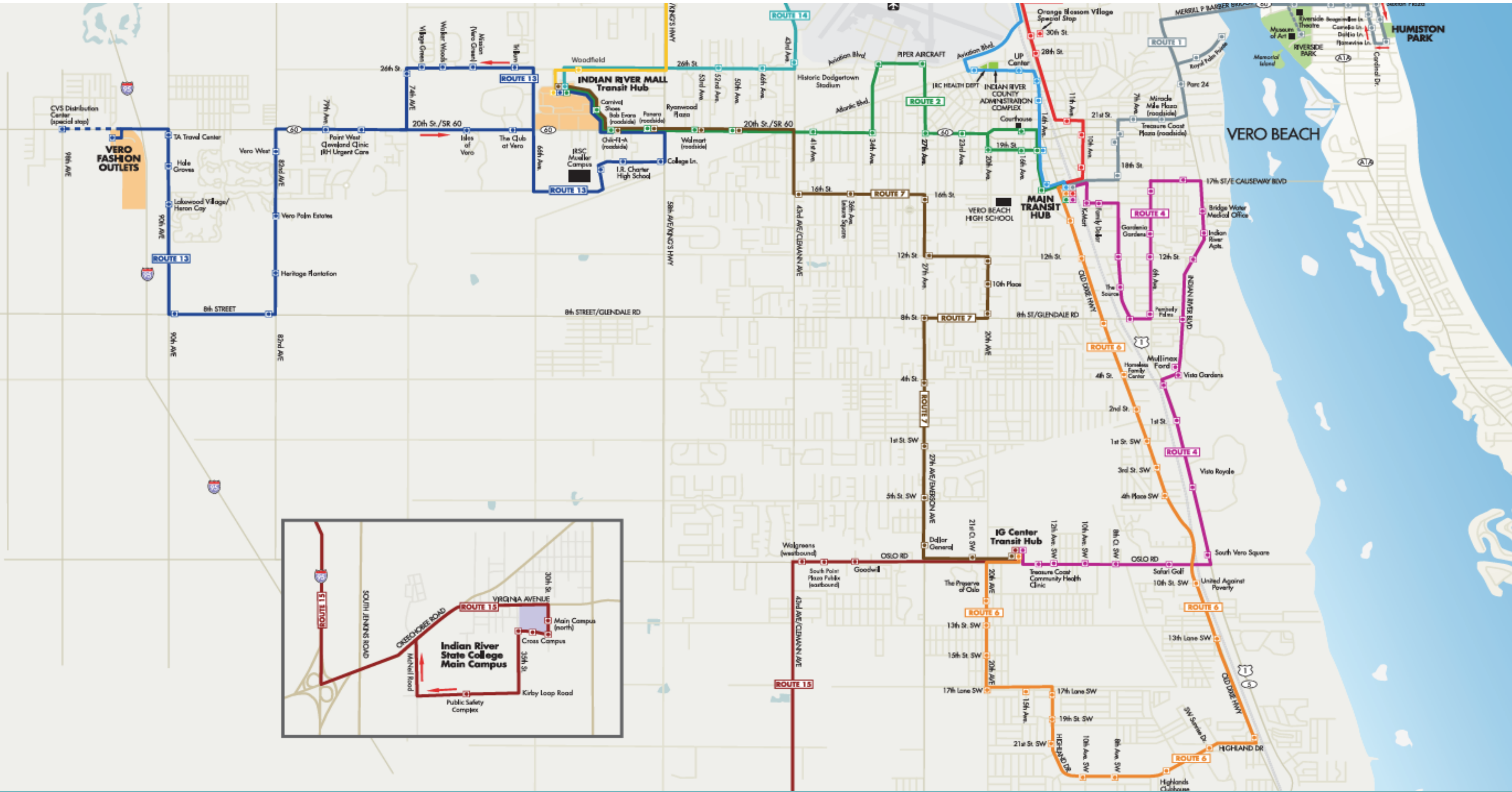
- ☐ Age 60 or older ?
- ☐ Need escort to and from vehicle
- ☐ Need accommodation for wheelchair



Recommendations for Local Improvements

- Enhanced Public Transit
- Subsidized Transportation
- Infrastructure Improvements
- Technology Integration

Enhanced Public Transit



SRA's Multi-Modal System

- Pedestrian-friendly stops and routes
- Routes that connect to neighboring counties
- All buses are ADA Compliant (wheelchair lifts and ramps, low floors, voice-annunciators at stops)
- Bike racks on every bus

Subsidized Transportation

Local Match For Grants

Overmatch Grant Programs

Encourage Collaboration between
Government and Private Sector

Infrastructure Improvements



Increased visibility

- Larger lettering on signs
- Spacing of reflective pavement markers reduced



Pedestrian features at intersections

- More Countdown pedestrian signals
- Refuge islands
- Longer walk times



Advance notification

- Advance street name signs
- Advance warning signs (stop, yield, etc.)

Technology Integration

- Real time bus locations
- Used for booking demand-response trips
- Same day trip requests
- To leave comments/contact transportation office



Recommendations for Improvement

State Funding

- Increase state funding for transportation programs

Community Engagement

- Involve seniors in planning and decision-making processes

Legislation

- Changing the state statute to require more robust testing of seniors 80+ years old

Driving Course for Seniors

- Potential pilot programs through Florida Sheriff's Association

Questions?



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