



Closing the Gaps:

**SUPPORTING MENTAL HEALTH
THROUGH A CONTINUUM OF HOUSING
AND SUPPORTIVE SERVICES**



South Florida Regional Planning Council

Proudly serving South Florida since 1974

Welcome



The Honorable René García
Second Vice Chair

South Florida Regional Planning Council
Miami-Dade County Commissioner, District
13, Former State Senator, District 36



The Honorable Steve Geller
Chair

South Florida Regional Planning Council
Broward County Commissioner, District 5
Former State Senator, District 31



The Honorable Nan Rich
Mayor, Broward County

Former State Senator, District 34
Chair, Coordinating Council of Broward County
& Broward Behavioral Health Coalition

About SFRPC

- Regional planning agency for Monroe, Miami-Dade, and Broward counties
- Collaborative planning, and implementation of regional economic development strategies
- EDA-designated Economic Development District - Comprehensive Economic Development Strategy (CEDDS)
- Regional planning & technical assistance
- Revolving Loan Fund (RLF) programs
 - Small businesses
 - COVID-impacted businesses

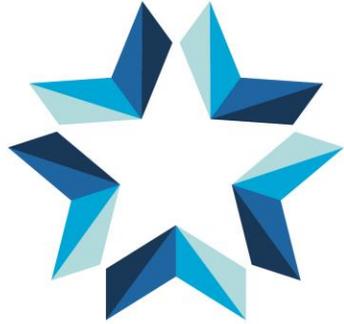
Counties in the South Florida Region



Thank You To Our Host!

NSU
Florida

Thank You To Our Silver Sponsors!



Broward[®]
Health



Memorial
Healthcare System

The Big Picture: The Most Important Factors in Supporting Residents with Mental Illness



Mary C. Mayhew
President and CEO
Florida Hospital Association



Q&A

The Big Picture: The Most Important Factors in Supporting Residents with Mental Illness

Success Stories: The Housing Toolkit in the Continuum of Care



Moderator:

John W. Newcomer, M.D.

President and Chief Executive Officer
Thriving Mind South Florida



Victoria Mallette

Executive Director
Miami-Dade County
Homeless Trust



Amanda MacCormack, LMHC

Chief Program Officer
Broward Housing Solutions



The Honorable Nan Rich

Mayor, Broward County
Former State Senator, District 34
Chair, Coordinating Council of
Broward County & Broward
Behavioral Health Coalition

Housing Solutions

What Works



Provide
Low-Barrier
Housing

HOUSING FIRST



Provide
Affordable
Housing

AFFORDABILITY



Provide
Permanent
Housing

STABILITY



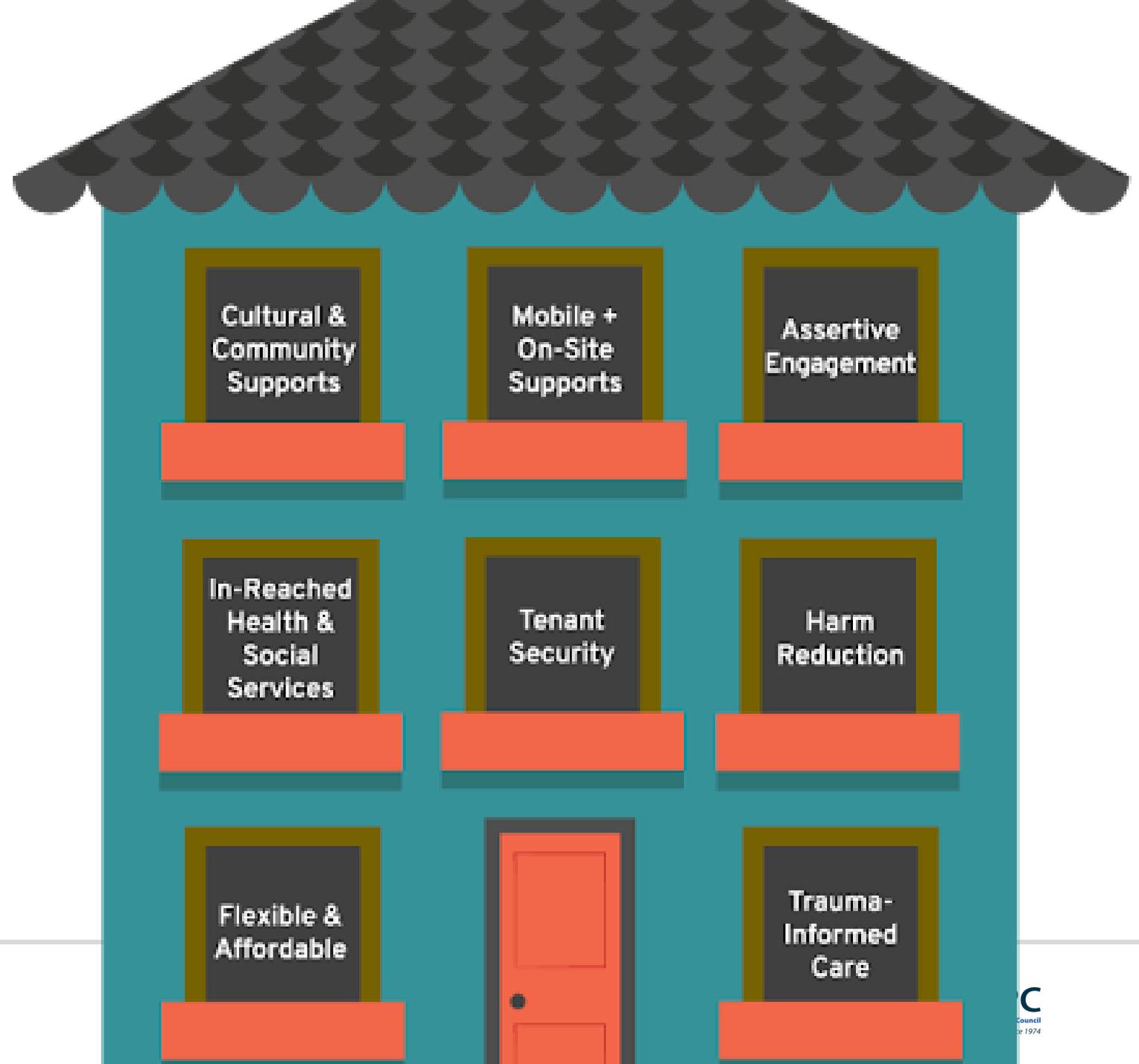
Low-Barrier Housing *Benefits*

“Housing is absolutely essential to human flourishing. Without stable shelter, it all falls apart.” Matthew Desmond



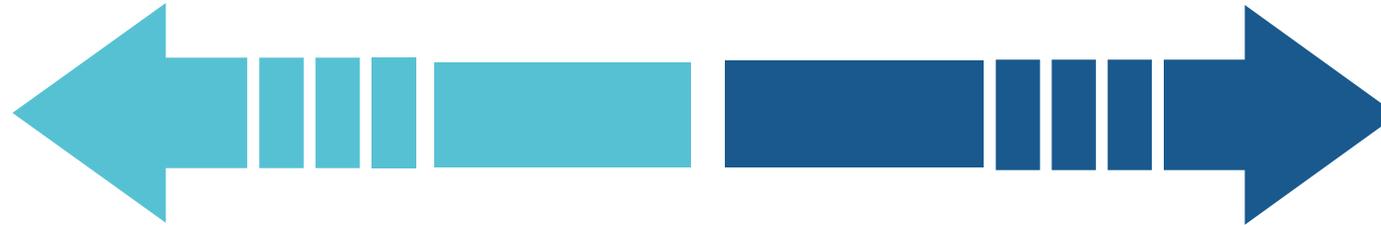
Affordable Housing Benefits

Permanent Supportive Housing (PSH) *Benefits*

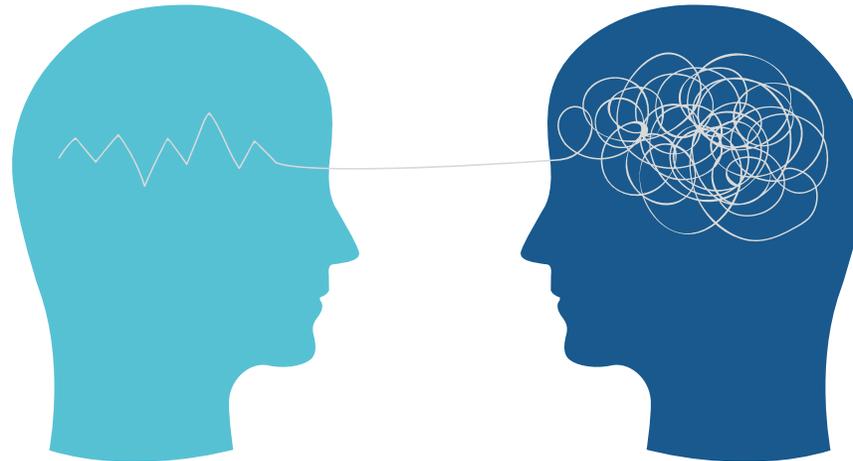


Presented By: Amanda MacCormack

PSH and Mental Health Challenges



- Flexibility
- Resiliency
- Clear Thinking
- Sense of Belonging
- Social Connection
- Stable Relationships
- Ability to Care for Self
- Emotional Control



- Illogical
- Irrational Thinking
- Helplessness
- Feeling Hopeless
- Inability to Perform Daily Tasks
- Numbness
- Severe Mood Swings

Permanent Supportive Housing

Lessons Learned



Provide proactive, trauma-informed services

ASSERTIVE SERVICES



Provide choices, psychoeducation, and validation

EMPOWERMENT



Connect individuals to supportive services.

SUPPORTIVE SERVICES



Q&A

**Success Stories: The
Housing Toolkit in
the Continuum of
Care**

A blurred background image of a busy event, likely a conference or trade show. The scene is filled with people in professional attire, some standing and talking, others seated at tables. In the foreground, there are several tables covered with white cloths, displaying various food items, including breads, pastries, and fruit baskets. The overall atmosphere is one of a well-attended social gathering.

BREAK

Housing and Financial Considerations



Moderator:

Paul Imbrone

Board Chair, Thriving Mind
South Florida & Program
Director, RentConnect



Bill Aldinger

Director of Policy &
Special Programs
Florida Housing
Finance Corporation



Alex Ballina

Director, PDHC,
Miami-Dade County



Stephanie Berman

CEO, Carrfour Housing



William King

Director of Housing and SOAR
Entitlements, Broward
Behavioral Health Coalition



Eddie Gloria

COO, Camillus House



Carrfour Supportive Housing

1398 SW 1st Street, 12th Floor, Miami, FL 33135,
Tel (305) 371-8399 Fax (305) 371-1376
www.carrfour.org



WHO IS CARRFOUR SUPPORTIVE HOUSING?

- **Nonprofit organization** established in 1993 by the Homeless Committee of the Greater Miami Chamber of Commerce.
- Develops, operates and manages **innovative housing communities** for individuals and families in need through a unique approach combining affordable housing with comprehensive, on-site supportive services.
- As the leading not-for-profit provider of supportive housing in Florida, Carrfour has supplied homes for **more than 10,000 vulnerable** men, women and children.





MISSION & VISION

Carrfour's mission and vision is to **confront homelessness** by developing affordable housing and providing **supportive services** as a pathway to self-sufficiency. We are guided by a vision where everyone has safe and decent housing and is self-reliant.





**Twenty-three
communities
completed and five
in development**



What is Permanent Supportive Housing?

- PERMANENT – Tenant may live in their home as long as they meet the obligations of their lease
- SUPPORTIVE – Tenants have access to support services that they need and want to retain housing
- HOUSING – Tenants have a private and secure place to make their home, just like other members of the community, with the same rights and responsibilities



COMPONENTS OF PSH

- Resident pays no more than 30% of their income for rent and utilities
- Resident has a lease
- Services are flexible
- Services are resident-driven (residents write their story)
- Services are voluntary
- Level of services and need changes over time
- Community integration





EXAMPLES OF **PERMANENT SUPPORTIVE HOUSING**



NORTHSIDE COMMONS

MIAMI, FLORIDA

- 80 apartments (efficiencies to two-bedrooms)
- 40 are permanent supportive housing for individuals and families with disabling conditions (mostly mental illness)
- 16 units are reserved for chronically homeless households
- 24 units are affordable for households at or below 60% AMI
- Exercise room, computer room, and community room located on-site
- Key Clubhouse 5,000 square foot Clubhouse with a commercial kitchen on the ground floor



NORTHSIDE COMMONS FUNDING

CONSTRUCTION SOURCES:

- FHFC SAIL Funding \$3 million
- FHFC ELI Loan \$360,000
- Federal Home Loan Bank AHP \$500,000
- FHFC Tax Credit Equity (through Hudson Housing Capital) \$23,000,000

OPERATING/SERVICES FUNDING:

- The Homeless Trust \$655,000 (services funding and rental assistance)
- Thriving Mind \$350,000 (services funding)
- Miami-Dade County PHCD 15 project-based vouchers (rental assistance)





ALICE MOORE APARTMENTS

WEST PALM BEACH, FLORIDA

- 36 apartments (efficiencies and one-bedrooms)
- 36 units of permanent supportive housing for adults living with severe and persistent mental illness
- Amenities include exercise facility, multi-purpose community room, and computer lab



ALICE MOORE APARTMENTS FUNDING

CONSTRUCTION SOURCES:

- FHFC SAIL Funding \$550,000
- City of West Palm Beach \$1.1 million
- FHFC Tax Credit Equity (through Enterprise Housing Partners) \$8.2 million

OPERATING/SERVICES FUNDING:

- Southeast Florida Behavioral Health Network \$257,000 (services funding)
- 30 HUD Mainstream Vouchers

Southwest Hammocks

PEMBROKE PINES, FLORIDA

- 100 apartments (studio, one and two-bedrooms)
- 25 units of permanent supportive housing for homeless households
- 25 units of permanent supportive housing for individuals living with mental illness
- 50 units of affordable housing serving individuals earning less than 60% of the AMI
- Amenities include on-site gym, art studio, community room, computer lab, and library
- Footprint to Success Clubhouse 5,000 square foot Clubhouse with training kitchen on ground floor



Southwest Hammocks

FUNDING

CONSTRUCTION SOURCES:

- FHFC SAIL Funding \$7 million
- FHFC ELI Funding \$597,000
- FHFC Tax Credit Equity (through Enterprise Housing Partners) \$26 million

OPERATING/SERVICES SOURCES:

- Broward Behavioral Health Coalition \$104,600
- Working to secure rental assistance





we build community.



Q&A

Housing and
Financial
Considerations



LUNCH

12:00P.M. – 12:30P.M.

Cafecito Chat: From Lived Experiences to Sustainable Solutions: Real Stories of Housing and Mental Health Support



Moderator:
The Honorable René García
Second Vice Chair
SFRPC, Miami-Dade County
Commissioner, District 13
Former State Senator, District 36



Sandra McQueen-Baker
CEO, Fresh Start



Kristi Messer, DHSc, LCSW, MPH
Board President, TaskForce Fore
Ending Homelessness; Nova
Southeastern University
Assistant Dean of Bachelor
Degree Programs; Director,
Bachelor of Science in Public
Health; Associate Professor



Derek S. Moore, LCSW, CRPS-A
Peer Services Manager,
Thriving Mind South Florida



Susan Racher
Board Chair, National Alliance
on Mental Illness (NAMI),
Miami-Dade County



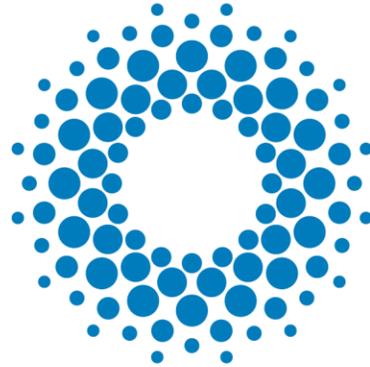
Q&A

Cafecito Chat: From Lived Experiences to Sustainable Solutions: Real Stories of Housing and Mental Health Support

Local Success with Behavioral Health Implementation - Overview of South Florida Solutions



John W. Newcomer, M.D.
President and Chief Executive Officer
Thriving Mind South Florida



THRIVING MIND
SOUTH FLORIDA®

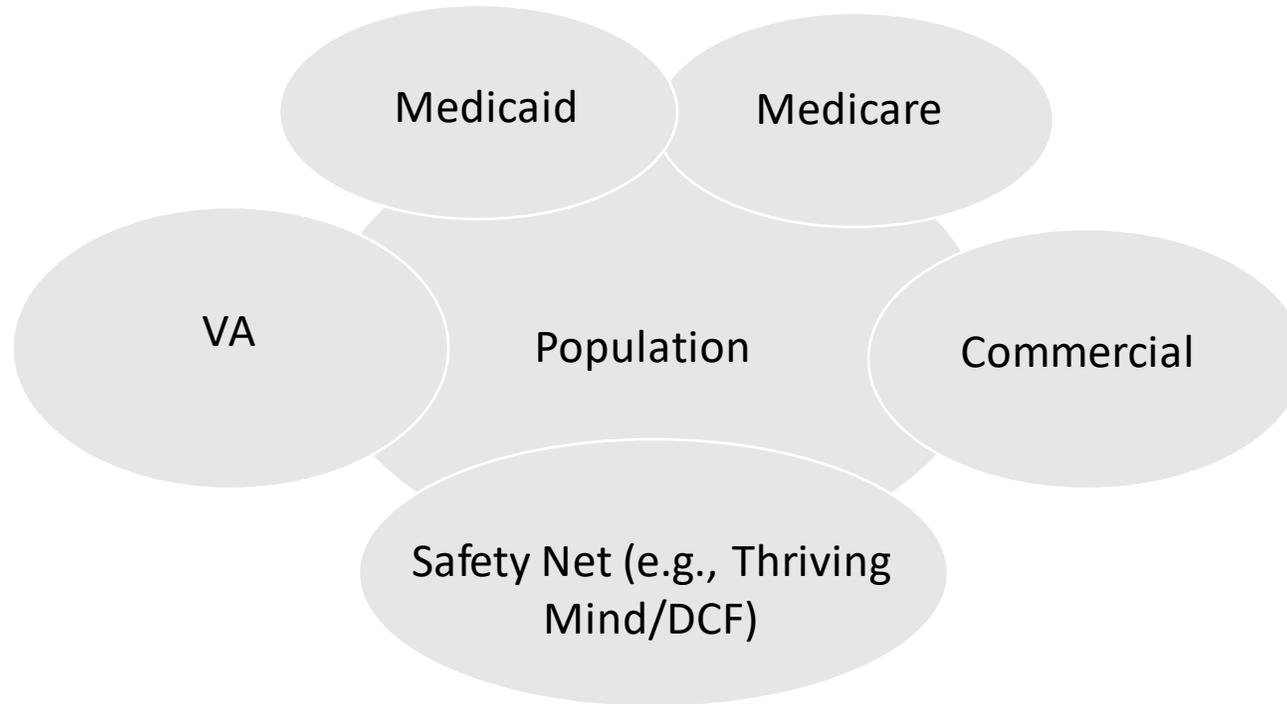
Improving Access to Mental Health and Substance Use Treatment and Prevention

John W. Newcomer, M.D.

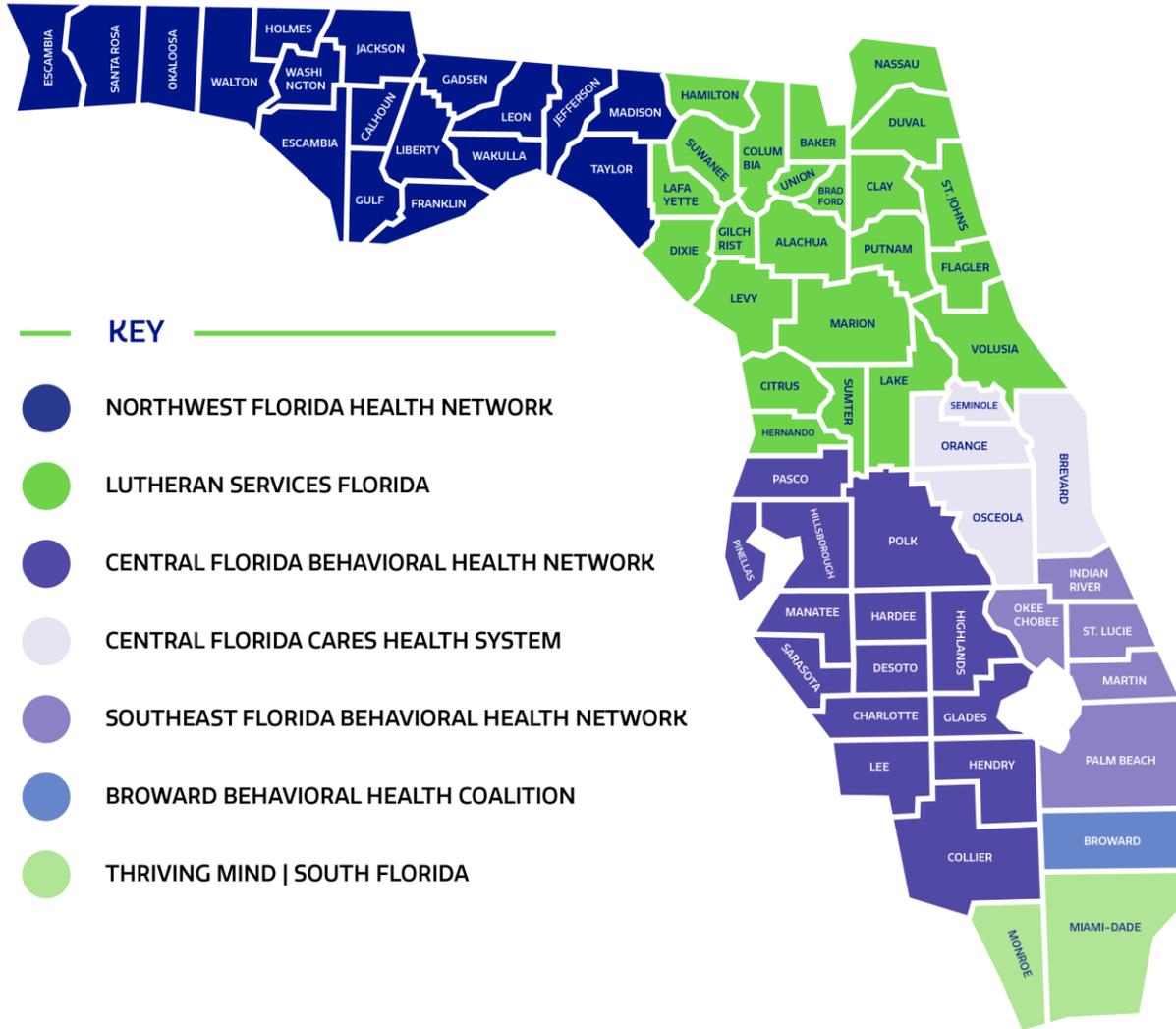
President and CEO, Thriving Mind South Florida

Adjunct Professor of Psychiatry, Washington University School of Medicine

Payers For Mental Health and Substance Use Disorder Services



Managing Entity System



- Seven (7) local non-profit Managing Entities fund 300 healthcare provider organizations to deliver core safety-net services to >300,000 uninsured Floridians. Prevention programs touch >10 million Floridians each year.
- The safety-net system of care includes community crisis resources without regard to payer (e.g., 211, 988, Mobile Response Teams [MRT]). Clinically trained MRTs respond to crises without police whenever appropriate.
- Managing Entity’s use evidence-based care-coordination models to connect individuals to needed services across systems of care, without regard to funding source.

Thriving Mind South Florida and the other Managing Entities are contracted with the Department of Children and Families.

Funding

Thriving Mind manages over \$140 million in contracts with more than 46 healthcare provider organizations using funding from the State of Florida and other sources.



Additional funding from Substance Abuse and Mental Health Services Administration (SAMHSA), National Institutes of Health (NIH), the Department of Justice Bureau of Justice Assistance (BJA), County government, and private foundations.

Administrative costs consistently below 5%.



What is the Need

1 million of 2.8 million

in Miami-Dade and Monroe Counties are below 200% of the Federal Poverty Level



287,431

Of those 1 million approximately 27.5%, an estimated 287,431, have **serious mental illness** or **substance use disorder**.

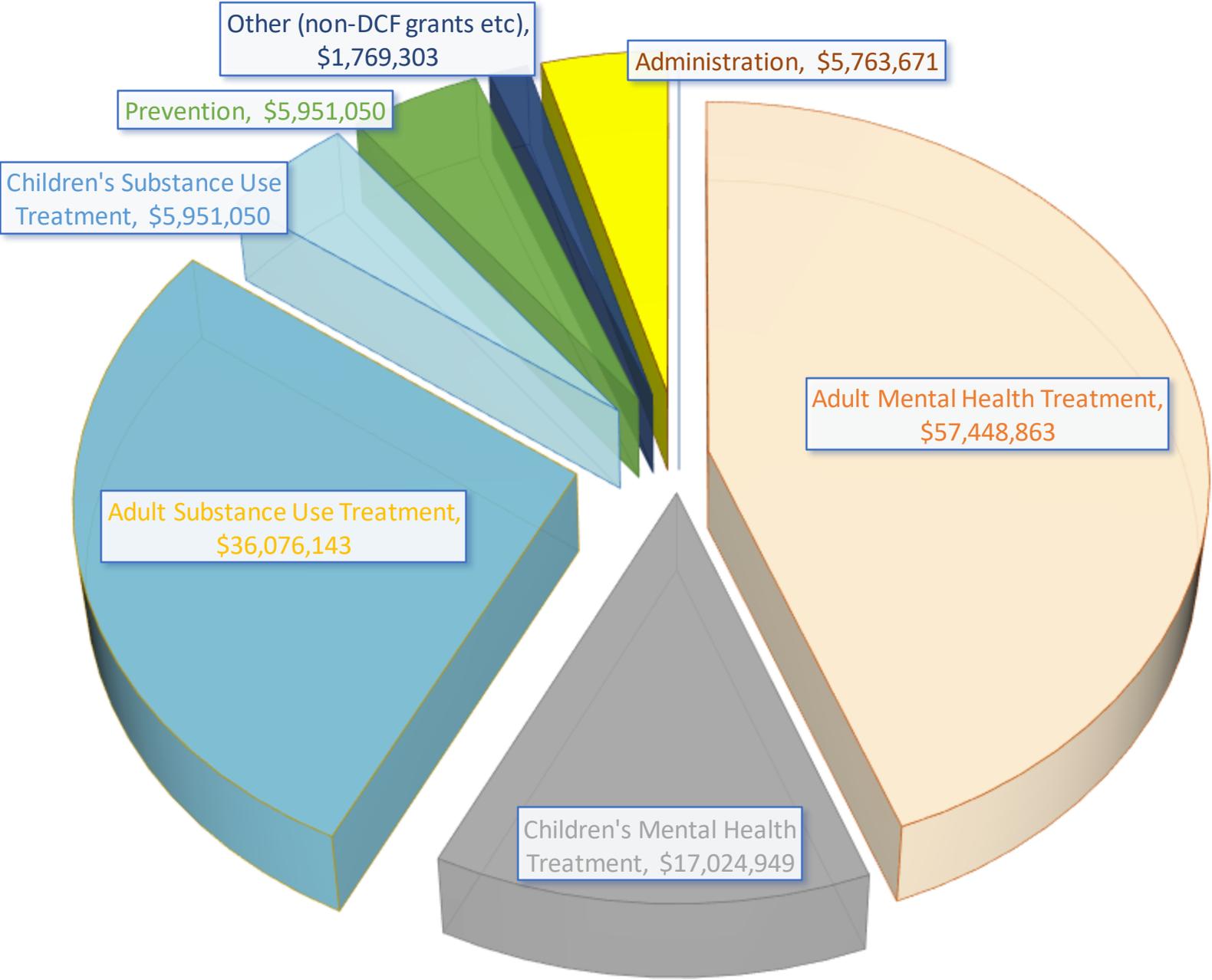
30,434

Of the 287,431 who have **serious mental illness** or **substance use disorder** and are **uninsured or underinsured**, our funding treated 30,434 in FY22-23.

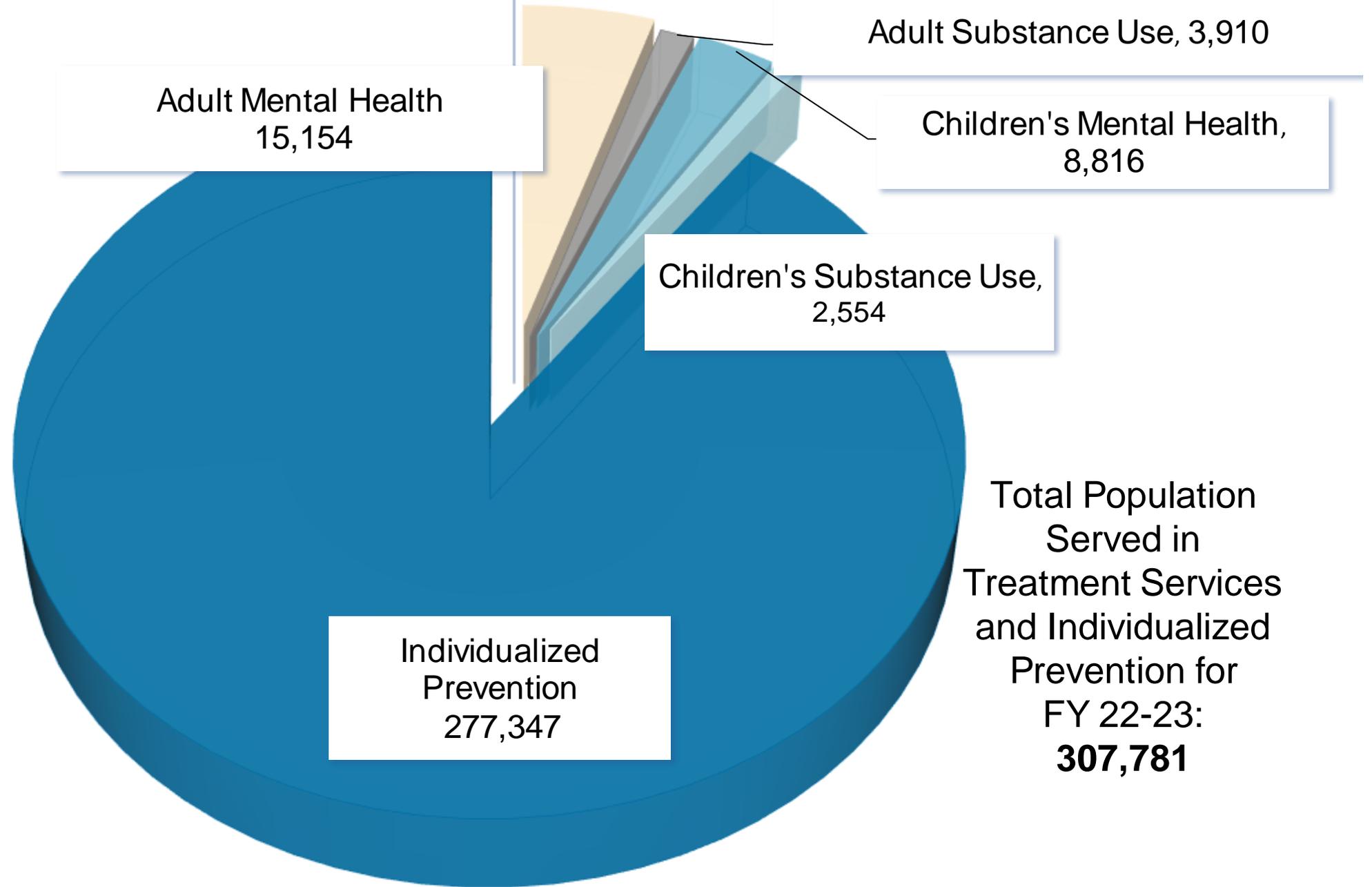
307,781

Including **prevention services**, we reached a total of 307,781 individuals in FY22-23, not including those reached through advertising, marketing and social media.

Thriving Mind Expenditures FY 22-23



NUMBERS OF INDIVIDUALS SERVED BY PROGRAM AREA FY 22-23



Thriving Mind Highlighted Initiatives

Transformation of Regional Crisis Response System

using Evidence-Based Roadmap: Thriving Mind offers the only Mobile Response Team (MRT) network in the state with region-wide and timely in-person responses, as well as one of the highest volume, multi-lingual Florida 988 crisis lines.

Demonstrating MRT effectiveness, our regional law enforcement partners have a long history of Baker Acting approximately 80 percent of the calls they respond to. By contrast, Thriving Mind's new Miami-Dade/Monroe MRT network only Baker Act approximately 20 percent of calls (diverting 80 percent to treatment).

80/20 to 20/80. This change is transformational for our community and for our alignment with the national roadmap for how to implement behavioral crisis response.

MOBILE RESPONSE TEAM

1-800-HELP-YOU

1-800-435-7968 AVAILABLE 24/7

988 FLORIDA

SUICIDE & CRISIS LIFELINE

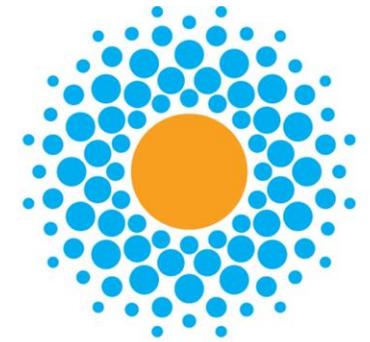
Thriving Mind Highlighted Initiatives (Continued)

Children's Short Term Residential: Thriving Mind has funded the first Short Term Residential (SRT) program for youth aged 17 and younger in the State of Florida. The 16-bed SRT program located at Citrus Health Network accepts individuals from Miami-Dade and Broward Counties (8 from each).

Expanded Children's System of Care: Sesame Street state-wide program; Assisting youth turning 18 with transition to independence.

Trauma Recovery Network: With support from the Florida Attorney General, established a trauma recovery network for adult and child victims of violent crime and their families.

Law Enforcement Collaborations: Including pre-arrest diversion of thousands of individuals annually, and identification of high utilizers through collaboration with Miami-Dade County Police Department program, a multi-departmental effort to identify individuals frequently in need of mental health-related services.



CHILDREN'STM
SYSTEM OF CARE



ACCESS TO SERVICES

No Wrong Door

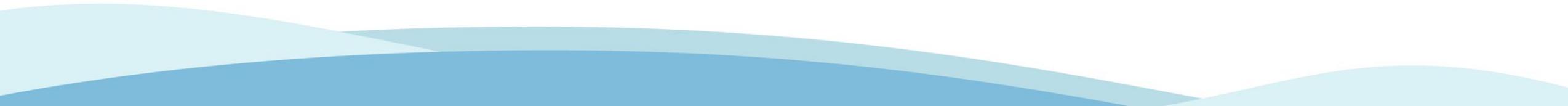
Care Coordination

911

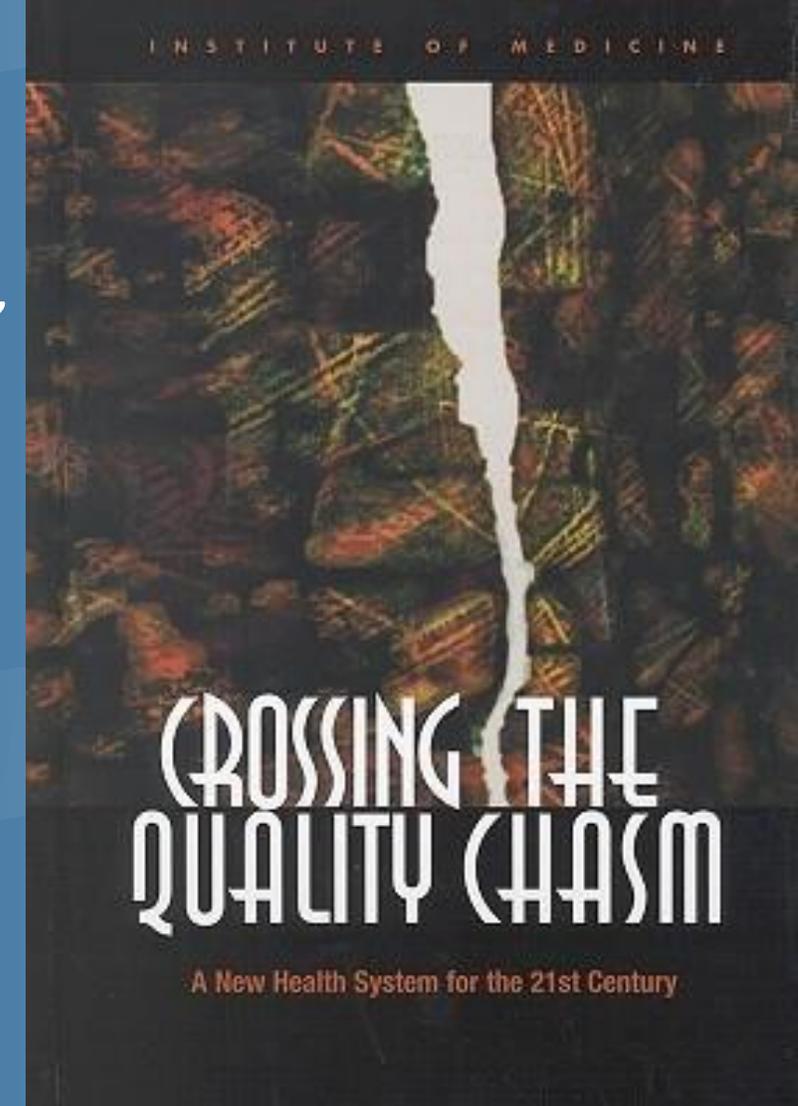
988

Mobile Response Teams

Community and Self Referrals



“ One of the greatest challenges facing the mental health system is care coordination... too many times, service providers do not work together. It is an approach that includes coordination at the funder level, through data surveillance, information sharing across regional and system partners, partnerships with community stakeholders (i.e. housing providers, judiciary, primary care, etc.).



Payer-Level Care Coordination

Provider-Level Care Coordination Study

The NEW ENGLAND JOURNAL of MEDICINE

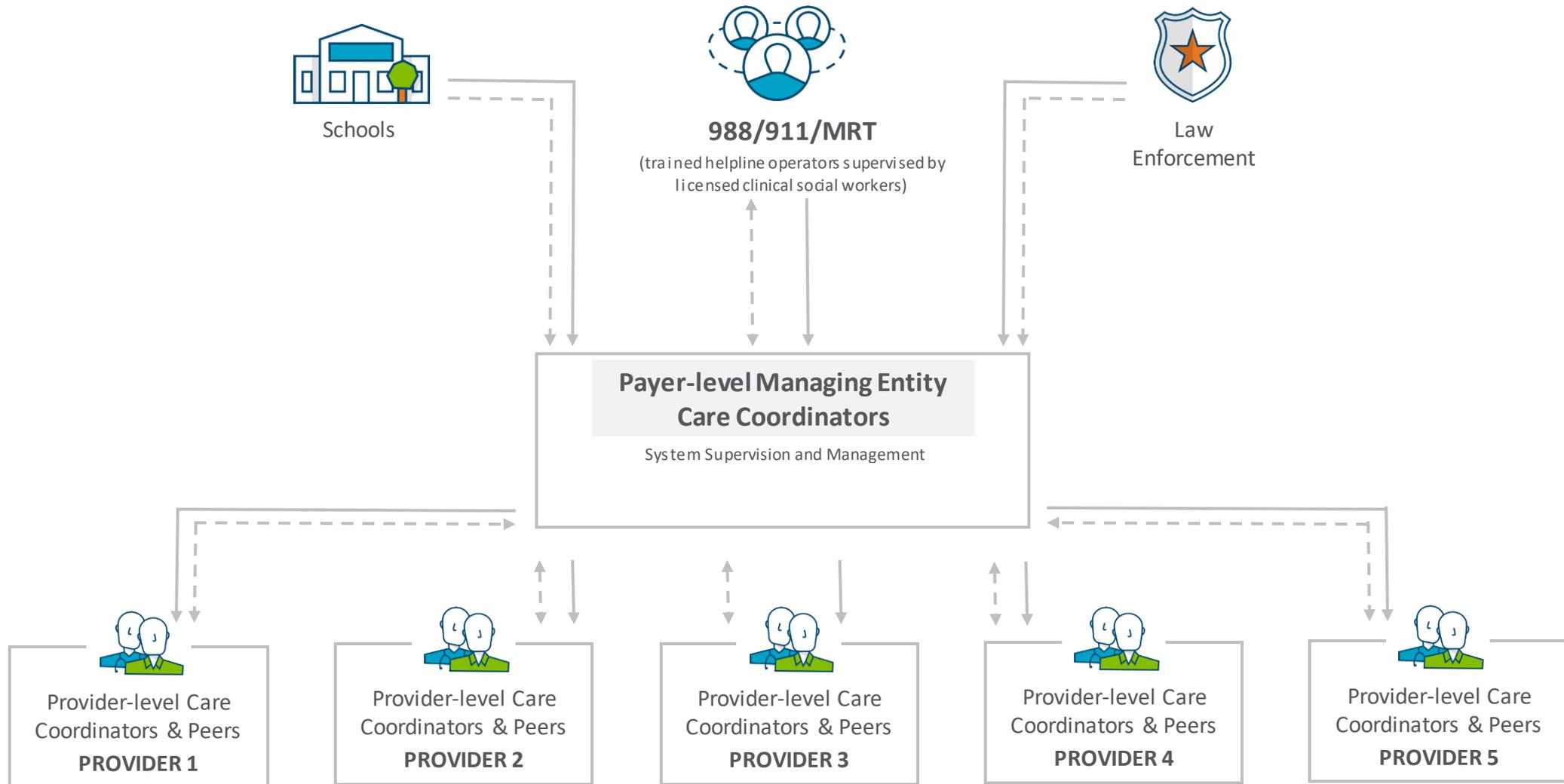
SPECIAL ARTICLE

Health Care Hotspotting — A Randomized, Controlled Trial

Amy Finkelstein, Ph.D., Annetta Zhou, Ph.D., Sarah Taubman, Sc.D.,
and Joseph Doyle, Ph.D.

- Program effects on hospital re-admission were not statistically significant
- Primary outcome measure was 180-day re-admission rate
- **Commentary (Dr. Jeffrey Brenner - Camden Coalition)**
 - *“Largely lacking housing, addiction, and mental health services”*
 - *“The bottom line is, we built a brilliant intervention to navigate people to nowhere”*

Care Coordination Collaboration: Payer and Provider Data Sharing



Payer-Level Care Coordination and Re-admission to Acute Mental Health Care for Uninsured Individuals



Steven L. Proctor, PhD 
Brittney Gursky-Landa, MS
Jacob T. Kannarkat, MD
Johnny Guimaraes, MS
John W. Newcomer, MD

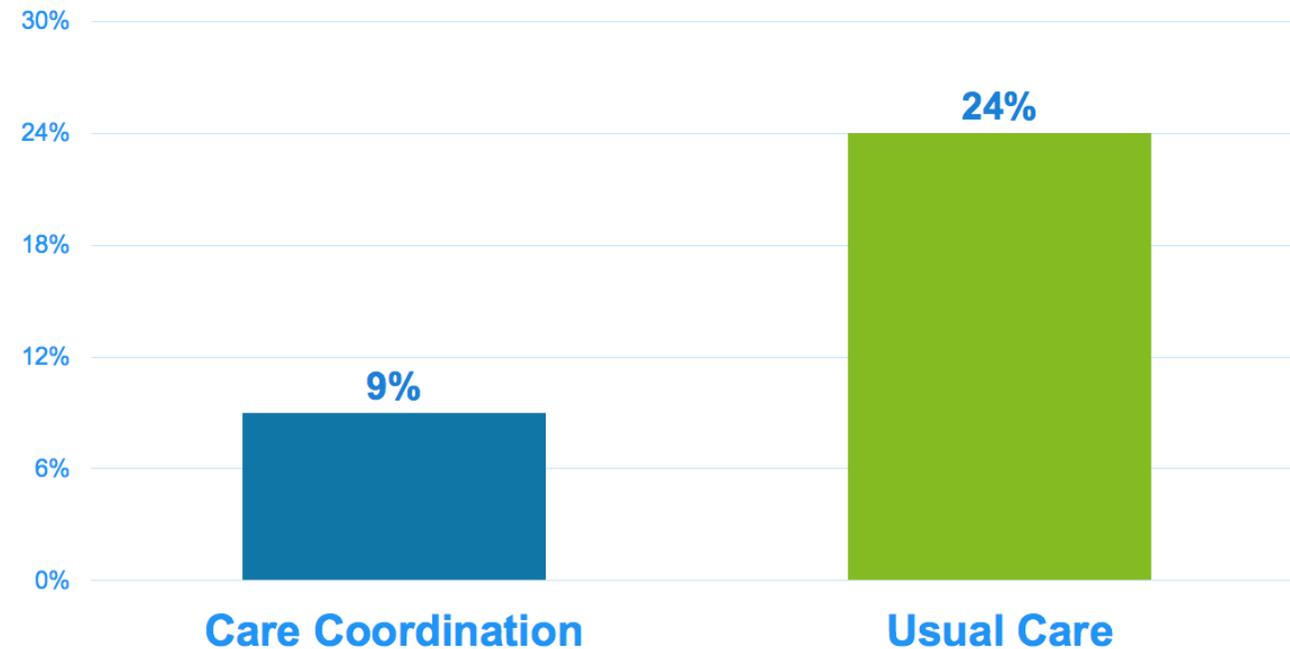
Abstract

This study determined the short- and long-term outcomes associated with payer-level care coordination, compared with care-as-usual in “high-utilizers” of acute care services in a large, publicly funded safety net system. Administrative claims data (2016–2020) were analyzed. All patients were “high-utilizers,” defined by the State of Florida as either (a) 3 + more acute care episodes in a 6-month period or (b) 1 + acute care episodes in the past 6 months lasting 16 + days. Patients enrolled in care coordination (n = 178) were compared to usual care (n = 1,127) on rates of re-admission and post-discharge engagement in outpatient/residential services. Care coordination was associated with reduced rates of re-admission, significant cost savings, and enhanced engagement in post-discharge non-crisis services. In light of the observed clinical and economic benefits associated with care coordination, payers, policymakers, and administrators of acute care settings should consider potential return on investment for allocation of resources to support specialty care coordination programs.

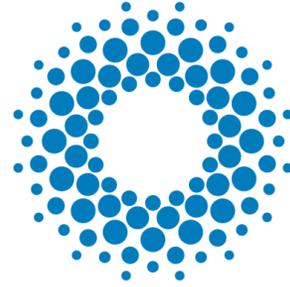
Address correspondence to Steven L. Proctor, Thriving Mind South Florida, Miami, FL, USA. sproctor@thrivingmind.org.
Steven L. Proctor, Thriving Mind South Florida, Miami, FL, USA; Department of Psychiatry and Behavioral Health, Herbert Wertheim College of Medicine, Florida International University, Miami, FL, USA.
Brittney Gursky-Landa, Thriving Mind South Florida, Miami, FL, USA.
Jacob T. Kannarkat, Department of Psychiatry & Behavioral Sciences, The University of Miami Health System, Miami, FL, USA.
Johnny Guimaraes, Thriving Mind South Florida, Miami, FL, USA.
John W. Newcomer, Thriving Mind South Florida, Miami, FL, USA; Department of Psychiatry, Washington University School of Medicine, St. Louis, MO, USA.

The Journal of Behavioral Health Services & Research, 2022. 1–11. © 2022, National Council for Mental Wellbeing. DOI 10.1007/s11414-022-09789-1

30-Day Re-admission Rate



Proctor SL, Gursky-Landa B, Kannarkat JT, Guimaraes J, Newcomer JW. Payer-Level Care Coordination and Re-admission to Acute Mental Health Care for Uninsured Individuals. *J Behav Health Serv Res*. 2022 Jul;49(3):385-396. doi: 10.1007/s11414-022-09789-1. Epub 2022 Feb 22. PMID: 35194730.



THRIVING MIND
SOUTH FLORIDA®

www.thrivingmind.org

7205 NW 19th Street
Miami, FL 33126

305-858-3335



Thriving Mind South Florida is a managing entity contracted with the Department of Children and Families.
Thriving Mind also receives support from other Federal, State, County and private sources.

Local Success with Behavioral Health Implementation



Moderator:
Sandra Veszi Einhorn
Executive Director, The
Coordinating Council of
Broward



Maria Hernandez, LCSW
Community Impact
Chief Program Officer,
United Way Broward



Scott Hansel
CEO, Chapman
Partnership



Laura Naredo
Chief Operating
Officer, Thriving
Mind South Florida



Barry Reiman, Psy.D.
Vice President
Recovery Unplugged
Behavioral Health



The Honorable Ari Abraham Porth
Circuit Court Judge
17th Judicial Circuit



Q&A

Local Success with Behavioral Health Implementation

Facilitated Discussion With Audience – Opportunities for Action



Ronald L. Book, Esq.

Chairman, Miami-Dade Homeless
Trust; Founder, President & CEO,
Ronald L. Book, PA

Thank You!