

# Housing Solutions

What Works



Provide  
**Low-Barrier**  
Housing

**HOUSING FIRST**



Provide  
**Affordable**  
Housing

**AFFORDABILITY**



Provide  
**Permanent**  
Housing

**STABILITY**



# Low-Barrier Housing

## *Benefits*

“Housing is absolutely essential to human flourishing. Without stable shelter, it all falls apart.” Matthew Desmond



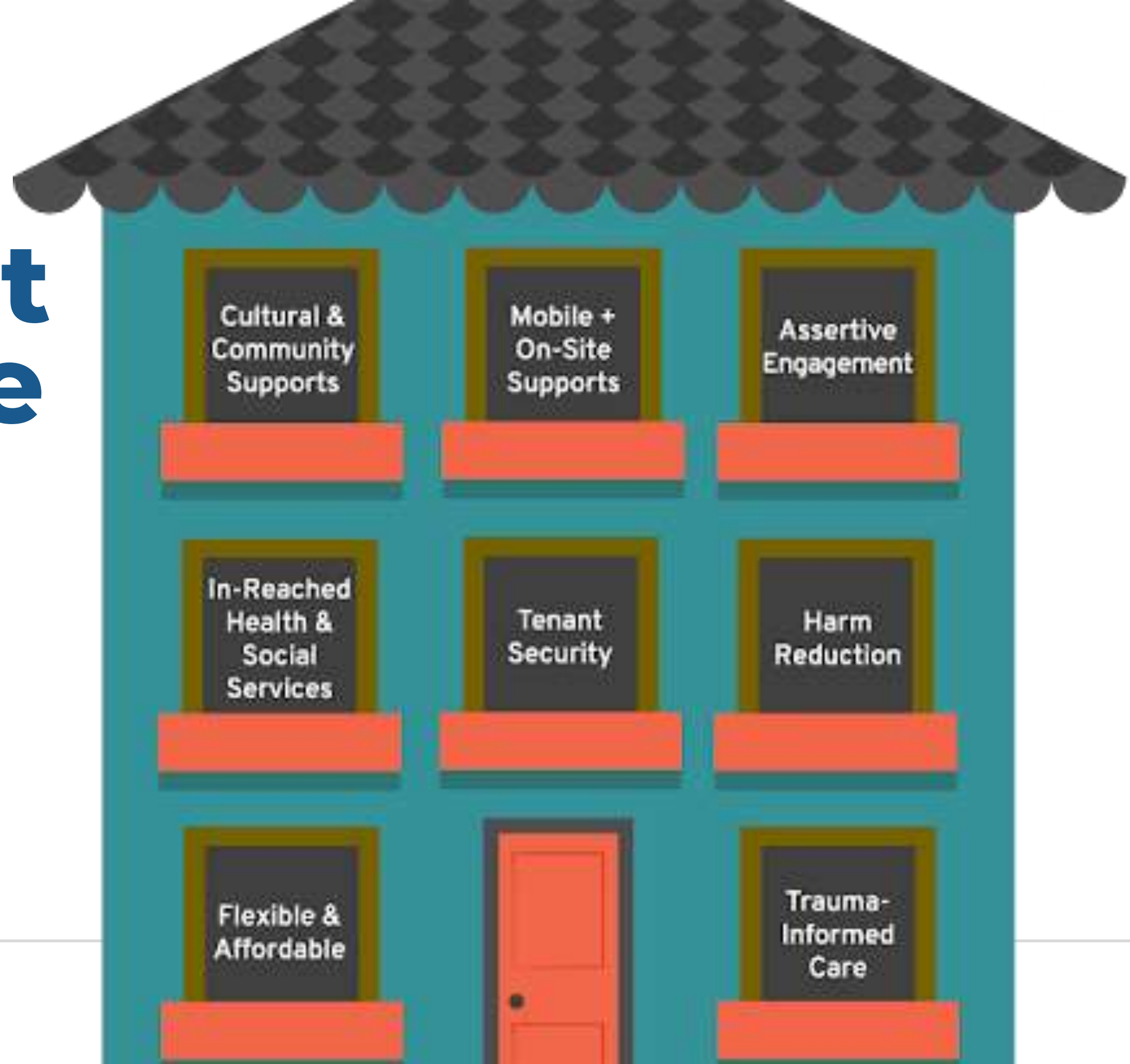
# Affordable Housing

## Benefits

# Permanent Supportive Housing

(PSH)

*Benefits*

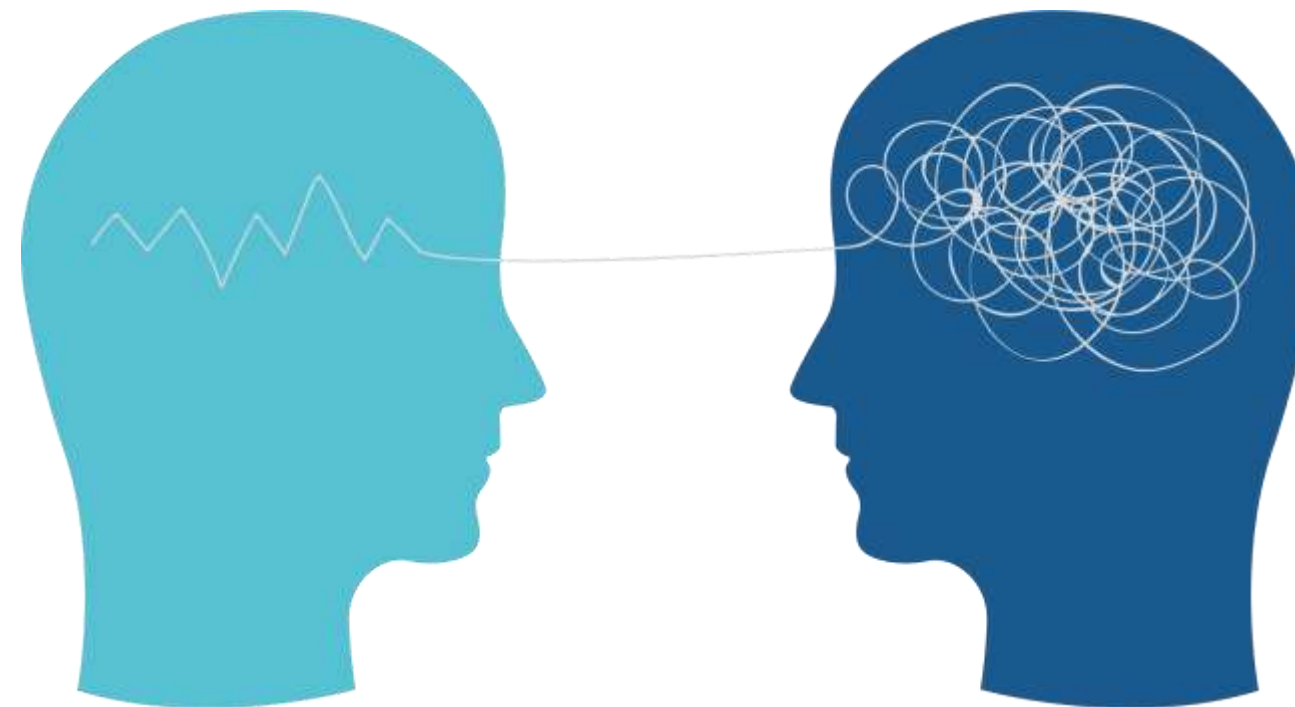


# PSH and Mental Health

## Challenges



- Flexibility
- Resiliency
- Clear Thinking
- Sense of Belonging
- Social Connection
- Stable Relationships
- Ability to Care for Self
- Emotional Control



- Illogical
- Irrational Thinking
- Helplessness
- Feeling Hopeless
- Inability to Perform Daily Tasks
- Numbness
- Severe Mood Swings

# Permanent Supportive Housing

## Lessons Learned



Provide proactive,  
trauma-informed  
services

**ASSERTIVE SERVICES**



Provide choices,  
psychoeducation,  
and validation

**EMPOWERMENT**



Connect  
individuals to  
supportive  
services.

**SUPPORTIVE SERVICES**